

From
KEITH'S
 Kitchen

Conversion Factors

Ounce to milliliters: multiply ounce figure by 30
 Cup to liters: multiply cup figure by 0.24.

Conversion Chart

Liquid Measure

| gal= | qt= | pt= | cups= | fl oz= | L= | Tbsp= | tsp |
|------|-----|-----|-------|--------|------|-------|-----|
| 1 | 4 | 8 | 16 | 128 | 3.8 | | |
| 1/2 | 2 | 4 | 8 | 64 | 1.89 | | |
| 1/4 | 1 | 2 | 4 | 32 | .95 | | |
| | 1/2 | 1 | 2 | 16 | .47 | | |
| | 1/4 | 1/2 | 1 | 8 | .24 | | |
| | | | 1/2 | 4 | .12 | 8 | 24 |
| | | | 1/4 | 4 | .06 | 4 | 12 |
| | | | 1/8 | 1 | .03 | 2 | 6 |
| | | | | 1/2 | .015 | 1 | 3 |