

Conversion Chart

Dry Measure

cups=	fluid oz=	Tbsp=	tsp=	ml=
1	8	16	48	237
$\frac{3}{4}$	6	12	36	177
$\frac{2}{3}$	$5\frac{1}{3}$	$10\frac{2}{3}$	32	158
$\frac{1}{2}$	4	8	24	118
$\frac{1}{3}$	$2\frac{2}{3}$	$5\frac{1}{3}$	16	79
$\frac{1}{4}$	2	4	12	59
$\frac{1}{8}$	1	2	6	30
$\frac{1}{16}$	$\frac{1}{2}$	1	3	15
$\frac{1}{48}$	$\frac{1}{8}$	$\frac{1}{3}$	1	5

Conversion Factors

Ounce to milliliters: multiply ounce figure by 30

Cup to liters: multiply cup figure by 0.24.

From
KEITH'S
Kitchen