

# Conversion Chart

## Butter or Margarine to Olive Oil Conversion for Baking

| Butter/Margarine= | Olive Oil                  |
|-------------------|----------------------------|
| 1 tsp             | $\frac{3}{4}$ tsp          |
| 1 Tbsp            | 2 $\frac{1}{4}$ tsp        |
| 2 Tbsp            | 1 $\frac{1}{2}$ Tbsp       |
| $\frac{1}{4}$ cup | 3 Tbsp                     |
| $\frac{1}{3}$ cup | $\frac{1}{4}$ cup          |
| $\frac{1}{2}$ cup | $\frac{1}{4}$ cup + 2 Tbsp |
| $\frac{2}{3}$ cup | $\frac{1}{2}$ cup          |
| $\frac{3}{4}$ cup | $\frac{1}{2}$ cup + 1 Tbsp |
| 1 cup             | $\frac{3}{4}$ cup          |

From  
**KEITH'S**  
Kitchen