



Dallas-Fort Worth Food & Equipment Expo 2010

Wednesday, April 7, 2010 - 9:00 AM

Fort Worth Convention Center

Fort Worth TX

A.C.F. Competition

Chef Prize Money

Professional Chefs

**One Pot Cooking
Category W**

1st. \$ 500

2nd. \$ 250

3rd. \$ 125

Category C+D

Show Pieces

1st \$ 500

2nd \$ 250

3rd \$125

Student Chefs

Category C + D

1st \$ 300

2nd \$ 200

3rd \$ 100

A.C.F. Medals & Diploma

Category W - Professional Wild Card - One Pot Stage Cooking

Competitor will fabricate a main course demonstrating One Pot Stage Cookery

Prepare four portions of a main course, maximum 10-12 oz per entree with appropriate garnitures.

One for critique and three for taste

Dish must be cooked entirely in one single cooking vessel and plated in it's entirety out of the same cooking vessel. Multi-layered units such as stackable bamboo steamers are allowed, as well as a couscoussiere.

Sixty (60) minutes are allowed to prepare the dish, with an additional five (5) minutes allocated for dish-up and judging

**** Note - No items are to be removed from pot until plated**

Examples could include gumbo, paella, couscous, stir-fry, risotto, jambalaya, poule au pot or pot au feu.

**** One Pot Cooking will be available to the first fifteen (15) competitors.**

The decision of the selection committee is final

Category C - Cakes, Professional and Student

{Select One}

C-1 Decorated Celebration Cake - sugar paste, rolled fondant or royal icing. Celebration cake can be any shape with a maximum display area of 15"x15"; no dummy cakes permitted.

C-4 Wedding Cake - a wedding cake must be at least three tiers with a maximum display area of 36"x36"; no dummy cakes permitted.

Category D - Showpieces:

The exhibits in this category should demonstrate the difference between cookery and culinary art.

- Acceptable mediums are : ice, vegetables, fruits, tallow, saltillage, pastillage, chocolate, marzipan, and cooked sugar
- Bases cannot exceed 30" x 30", height is unrestricted
- Use of commercial molds are not permitted
- No external supports are allowed
- Showpieces are eligible to be entered in only one ACF Competition

There will be a refundable \$30.00 registration fee that will be refunded on the day of the show, after fulfilling your entry. Those who register and fail to participate will forfeit their registration fee and the entire \$30.00 will be donated to the local chapter of the Texas Chefs Association.

**All registration fees will be matched by Ben E. Keith with a donation to the TX Chefs Association
Checks made payable to "Ben E Keith Foods"**

**Send Registration Forms
and Registration Fees to:**

Patrick Mitchell

Ben E. Keith Foods

A.C.F. Competition - Chair

P.O. Box 901001

Fort Worth, TX 76101-2001

972-877-9459

fax 817-759-6308

(Please print)

Name _____

School (if student) _____

Address: _____

City: _____ State _____ Zip _____

Phone () _____

Professional _____

Student _____

Select Category _____

Select Number _____

Registration Deadline is Wednesday, March 17, 2010